

LADYGROVE Pupil Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Fish Friday
Main	Gluten Free Pork Meatballs <i>Tomato Sauce or Gravy</i>	Chicken Curry	Toad in the Hole Gravy	Red Tractor Beef Bolognese	Fish or Salmon Fishcake
Vegetarian	Vegetarian Balls (V) <i>Tomato Sauce or Gravy</i>	Vegetable Risotto (V)	Oven Roast Vegetables (V) <i>served in a Yorkshire pudding & topped with Mature Cheddar (V)</i>	Vegetable Bolognese V	Macaroni cheese (V)
Carbohydrates	Herby Diced Potatoes	Boiled Rice	Creamed Potatoes	Pasta twists	Chips Couscous
Vegetables	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection
Salad Selection	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot
Homemade Bread	Homemade Bread Selection	Naan Bread	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection
Pudding	Homemade Fruity Muffin Selection	Homemade Biscuit selection	Homemade Individual Apple Pies	Ice cream	Homemade Chocolate Brownie
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

All items subject to availability

LADYGROVE Pupil Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage	BBQ or Sweet & sour Chicken	Roast Chicken with Rich & Tasty Gravy	Homemade Pizza <i>Cheese & Tomato Topped Pizza with a Thin Crust Base</i>	Battered Fillet of Fish <i>White Fillet coated in a light Batter</i>
Vegetarian	Vegetarian Sausage (V)	Mixed Bean & Vegetable Curry (V)	Quorn Parcels (V)	Vegetarian toad in the Hole (V) (V)	Cheese & Onion Flan (V)
Carbohydrates	Hash Browns	Savory Rice	Creamed Potatoes	New Potatoes	Chips or Couscous
Vegetables	Baked Beans Peas Sweetcorn	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection
Salad Selection	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot
Homemade Bread	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection
Pudding	Homemade Biscuit Selection	Homemade Fruity Muffin Selection	Strawberry & Vanilla Swirl Mousse or Chocolate & Vanilla Swirl Mousse	Homemade Chocolate Fudge Cake	Let's Dine Fresh from the Farm Ice Cream
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

Fresh Fruit Pot available daily
All items subject to availability

LADYGROVE Pupil Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Bar Day Pasta Bake with Selection of Bolognese	Hot Dog With Onions	Roast Chicken with Rich & Tasty Gravy	Mexican Day <i>Beef Chilli</i> <i>Spicy Chicken</i>	Battered Fillet of Fish <i>White Fillet coated in a light Batter</i> or Fish Finger <i>Fillet of Fish Coated in a Crispy Breadcrumbs</i>
Vegetarian	Tuna & Sweetcorn Tomato with Cheese topping	Vegetarian Hot dog With Onions (V)	Mixed Bean, Vegetable & Potato Hotpot (V)	Vegetable Curry (V)	Cheese & Potato Bake (V)
Carbohydrates		Diced Potatoes	Creamed Potatoes	Boiled Rice	Chips Lemon Couscous
Vegetables	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection
Salad Selection	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot	Seasonal Salad Pot
Homemade Bread	Homemade Garlic Bread	Finger roll	Homemade Bread Selection	Soft Flour Wrap	Homemade Bread Selection
Puddings	Strawberry & Vanilla Swirl Mousse or Chocolate & Vanilla Swirl Mousse	Homemade Fruit Danish Pastry	Red Velvet Sponge	Homemade Biscuit Selection	Fruity Muffin Selection
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

Fresh Fruit Pot available daily
All items subject to availability