



The Ladygrove ABC guide to ONLINE SAFETY

A stands for - **Act** safely online

1. Give yourself a time limit – set a timer
2. Don't talk to strangers online
3. Keep your password safe and secure

B stands for - **Behave** and **Be** kind

1. Treat people how you would wish to be treated
2. Be an upstander – if someone is being bullied online stand up for them
3. Be kind – say kind things – promote kindness

C stands for - **Communicate** with a trusted adult if something is not right!

