

Who to contact?

If you feel your child
may benefit from ELSA
sessions please contact:

The pastoral team,
SENCO or class
teacher.

Ladygrove Primary
School and Nursery,
Old Office Road,
Dawley,
TF4 2LF

Tel: 01952 388370

Email: A2168@taw.org.uk

Website: [http://
ladygroveprimary.taw.org.uk](http://ladygroveprimary.taw.org.uk)



ELSAs at Ladygrove
can help with:

- >Emotional literacy
 - >Self esteem
 - >Friendship issues
 - >Anxiety
 - >Bullying
- >Managing strong feelings
 - >Social stories
 - >Growth mindset
- >Emotional regulation
 - >Conflict
 - >Relationships
- >Loss and bereavement
 - >Social skills

ELSA

E_motional

L_iteracy

S_upport

A_ssistant





What is an ELSA?

ELSAs are emotional literacy support assistants. They are teaching assistants who have had special training from educational psychologists to support the emotional development of young people in school. ELSAs have regular professional supervision from educational psychologists to help them in their work.

An ELSA is a caring and warm person, who wants to help your child feel happy in school and reach their full educational potential.

ELSAs help children and young people learn to understand their emotions, giving them the tools to help them cope with life's challenges.

We have Miss Piper, Miss Pennant and Miss Ward as our ELSAs at Ladygrove.



'Every day counts, every minute matters!'

How does ELSA work?

Most ELSA programmes will last for 6 to 12 weeks, helping your child to learn some new skills or coping strategies. Clear programme aims, (SMART targets) are set at the start of their sessions and each session has an objective - something the ELSA wants to help the pupil understand or achieve.

The ELSA will plan the sessions very carefully and tailor them to each individual child depending on their needs.

