Telford & Wrekin Co-operative Council

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TravelTelford

A New School Journey



Spring Term

Date: **April 24**

A New School Journey Newsletter

Welcome back to A New School Journey newsletter! This is our second newsletter and we are delighted to show you what has been happening in school over the last few months.

Following on from class surveys conducted at the start of the project, it was clear that students are concerned about environmental issues and interested in ways they can help.

In response to this, our topic this term has been ‘Love Your Environment.’ The children have thoroughly embraced this, discussing ways we can help the environment in our local community and around the school area.

Thank you for your continued support, making one small change and travelling actively to or from school once a week can make a real difference. Parking away from school and traveling the rest of the way on foot **(Park and Stride)** is also extremely helpful and keeps the front of school safer and clearer for pupils.

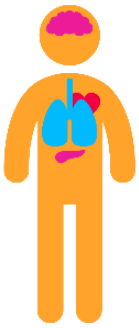
We hope you enjoy reading about the children’s activities and as always if you have any questions, comments or feedback please do get in touch: **roadsafety@telford.gov.uk**

Love your Environment

Air pollution and how you can help

Over the last two months pupils have been learning about air pollution, what causes it and how we can improve the air quality around Ladygrove.

Pollutants are all around us, in the air we breathe every day. These tiny pollution particles are microscopic - **40 times smaller** than a grain of sand! The more pollution we are exposed to, the bigger the impact on our health.



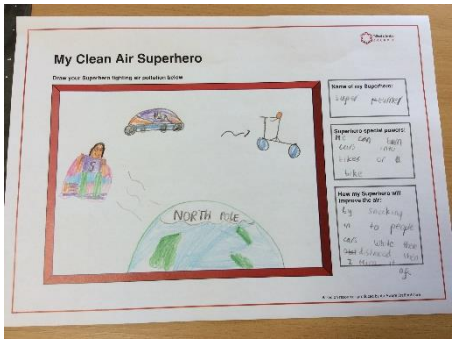
Air pollution enters the lungs and can affect breathing, making asthma symptoms worse. It can also impact the heart by entering the bloodstream and have a detrimental effect on our mental health and ability to learn.

Clean Air Detectives

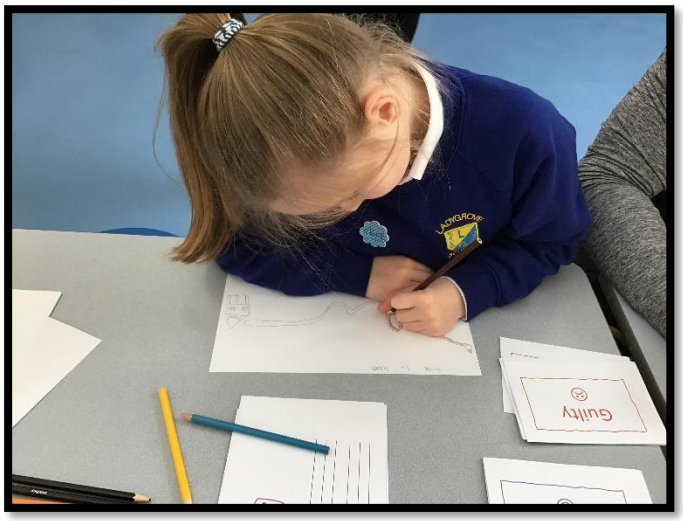
Children had the opportunity to take part in an Air Pollution Workshop, run by Rebecca from the Environmental Health team. Key Stage 1 took on the challenge of being **Clean Air Superheroes!**
After talking about the cause and effects of air pollution and taking part in various challenges, students then designed their very own pollution fighting superheroes!

Did you know:

Leaving your car engine running for just 1 minute, produces enough air pollution to fill 150 balloons!



Key Stage 2 had a similar task, but instead they became **Clean Air Detectives!**
They looked at the suspects behind air pollution and had to decide whether they thought they were guilty or not guilty for causing air pollution.
They then designed posters to raise awareness of air pollution and how we can reduce it!







Pupils using their 'guilty or not guilty' flashcards and poster designing.

A massive **well done** and **thank you** to those families who were able to take part in the Big Walk and Wheel this year. Your support meant that lots of pupils were able to enjoy the benefits of active travel, arriving at school alert and ready to learn!

We also enjoyed a **'Walk with Wallace'** group walk to school as part of the Big walk and Wheel. It was fantastic to see so many families, along with their four – legged friends as we walked from Station Road car park in Dawley.

If you were able to meet us on the walk we would love to hear your thoughts – feedback on location, the route, all input is welcome. This is a perfect **'Park & Stride'** location as it takes less than 10 minutes to walk to Ladygrove from here and is all off road, so safe and pushchair friendly.



We have more walks planned this term along with a new theme – we would love for as many people as possible to join us! Keep an eye out for dates on the school newsletter.

Get Active! Our theme for this term.

Keeping our body healthy is a great way to keep our mind healthy too. This term we will be discussing ways we can be active and the benefits that follow.

Diary Date:

Living Streets - Walk to School Week

20th – 24th May 2024

One way to 'get active' is on the school run. Children should have around 60 minutes of exercise per day and adults around 30. Travelling actively to and from school, is an easy way to fit in exercise, as well as reducing congestion meaning cleaner air for all.

The Travel Telford team will be visiting school this term to deliver lots of exciting workshops, such as **Learn to Ride** and **Bikeability**, **Scooter Skills** and **Transition Workshops**.

Park Smart Promise

Could you help make the roads around Ladygrove safer?

We understand that some families may have to travel to school by car. If you do need to drive, you can make a difference by **parking smartly.**

This includes:

- Parking away from the school entrance preferably using one of the designated Park & Stride locations.
- Respecting speed limits and driving in a legal and considerate manner
- Not blocking dropped kerbs and driveways and not parking on footpaths. By parking on a footpath you restrict space for pedestrians and disabled people often forcing them into the road.
- Do not park on the road outside of the school gates. This includes Keep Clear zig zags, double yellow lines and single yellow lines.

Ladygrove is keen to promote safety for all pupils and is asking parents/carers to sign the '**PARK SMART PROMISE'** and make a commitment to making all of our school journeys safer.

If you would like a copy of the Park Smart Promise letter and a car sticker to show you are committed to being part of the solution, please contact the school office: A2168@taw.org.uk or the Road Safety inbox: **roadsafety@telford.gov.uk**